

The Communicating Needs and Features of IBD Experiences (CONFIDE) Study

Aims to further the understanding of the experience and impact of symptoms on patients' lives and elucidate gaps in communication between healthcare professionals and patients with moderate to severe ulcerative colitis (UC) or Crohn's disease (CD)

Recruitment



HCPs and patients from
the U.S., Europe, and Japan

~800 HCPs



Key inclusion criteria

- Gastroenterologist, internal medicine physician with GI focus, IBD nurse specialist, nurse practitioner, or physician assistant
- Responsible for making prescribing decisions for at least 10 patients with UC/CD, of which at least 5 of whom must be patients with moderate to severe UC and CD in a month
- Spends 50% or more of working time actively seeing patients

Key inclusion criteria

~1600 patients
with UC or CD



- Male or female, aged ≥ 18 years
- Have an HCP diagnosis of UC (patient self-reported)
- Have active disease of at least moderate severity as defined by meeting at least one of the following criteria:
 - Received anti-TNF, anti-integrin, JAK inhibitor, anti-IL-12/23, or immunomodulator within the last 12 months
 - Duration of steroid treatment of at least one month out of the last 12 months
 - Hospitalized for at least 4 consecutive weeks in the last 5 years

Key exclusion criteria

- Have had a colectomy
- No more than 20% of full sample with concomitant irritable bowel syndrome diagnosis in each country

Survey development



CONFIDE gastroenterologist advisory panel (n=6) gave input on the HCP and patient surveys



● Patient with UC ● Patient with CD

In parallel, patients with UC (n=3) and CD (n=2) gave input on the patient survey



Adelphi Real World conducted further review sessions with additional gastroenterologists (n=2) and patients (n=2) in both the US and the UK to further test the validity of the materials prior to the CONFIDE survey launch

Survey administration

Online survey

- ✓ Demographic/background information
- ✓ Symptom experience and impact
- ✓ Disease burden
- ✓ HCP-Patient communication



Desired outcome

Aims to provide further understanding of the **burden, barriers, and care experience** of those living with IBD

CD=Crohn's Disease; GI=Gastrointestinal; HCP=Health Care Professional; IBD=Inflammatory Bowel Disease; UC=Ulcerative Colitis

- Rubin D, et al. *Am J Gastroenterol.* 2021;116(Suppl 1):S7. (Presented at: *Advances in Inflammatory Bowel Diseases (AIBD)*; December 9-11, 2021; Orlando, USA. aibd2021.01d0092).
- Schreiber S, et al. *Inflamm Bowel Dis.* 2022;28(Suppl 1):S79. (Presented at: *Crohn's & Colitis Congress (CCC)*; January 20-22, 2022; Virtual. P002).
- Dubinsky MC, et al. *J Crohns Colitis.* 2022;16(Suppl 1):i186-i187. (Presented at: *European Crohn's and Colitis Organisation (ECCO)*; February 16-19, 2022; Virtual. P087).

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